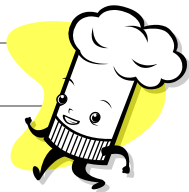

Asian Slaw

6/14/2011 Weight Watchers meeting (recipe #2 of 2)



Ingredients:

- 1/4 Cup seasoned rice vinegar
- 2 Tablespoons soy sauce
- 2 Teaspoons dark sesame oil (refrigerate after opening)
- 1/4 Teaspoon crushed red pepper flakes
- 1/4 Cup sliced scallions
- 16 Oz. bag of coleslaw mix
- 1 Tablespoon parsley
- 2 Teaspoons sesame seeds, toasted (in a hot frying pan, add the sesame seeds and toss until toasted)

Directions:

Add first 4 ingredients, toss with scallions and coleslaw mix.

Sprinkle on parsley and sesame seeds.

1 cup = 1 PPV